



Managing Health and Safety in the Workplace



23 - 27 February 2025



Muscat (Oman)

Managing Health and Safety in the Workplace

course code: C8151 From: 23 - 27 February 2025 Venue: Muscat (Oman) - course Fees: 3700 Euro

Conference Objectives:

By the end of the program, participants will be able to:

- Define the sources of harmful acts.
- Understand and accept that safety is a function whereby everyone is responsible.
- Establish that accidental injuries are caused by unsafe acts, behavior and conditions.
- Perform job safety analysis and give job safety instructions.
- Conduct an accident investigation and fill a meaningful accident report.
- Handle and react to various work accidents and emergencies.

This conference is designed for:

Managers, supervisors and safety professionals who wish to improve their skills and competencies in order to be able to assume their safety responsibilities and effectively carry out their tasks safely in their organization. This program is worth 25 NASBA CPEs.

Conference Outline:

Definitions and Overview

- Accident, Safety, Health
- World Health Organization (WHO) and OSHA
- Threshold Limit Values

Industrial Hygiene

- Types of Hazards
- Control Methods
- Accidents Costs and Reporting

Job Safety Analysis (JSA)

- Objectives
- Uses and Benefits
- Procedures
- Recordings

Accidents Investigation, Reporting and Prevention

- Causes of Accidents
- Effects and Costs of Accidents

Management of Health and Safety

- Planning
- Organizing
- Leading
- Controlling

Proper Behavior in Case of an Accident

- Types of Accidents
- First Aid
- CPR
- Calling for Help

Safety Audit

- Importance
- Benefits
- Consequences

Ergonomics and Good Posture

- Bad Habits
- Negative Effects
- Correction

- Reporting
- Prevention