



**Personal Effectiveness & Influencing Skills:  
Communicate, Negotiate, Influence & Persuade**



**2 - 13 June 2025**



**Lisbon (Portugal)**

# Personal Effectiveness & Influencing Skills: Communicate, Negotiate, Influence & Persuade

course code: C8206 From: 2 - 13 June 2025 Venue: Lisbon (Portugal) - course Fees: 6750 Euro

## Introduction

This seminar focuses on areas of communication and persuasion which will help delegates to be more effective in the organisational context. By understanding the key concepts of internal communication and how these skills contribute to influencing and persuading others in the organisation, delegates will be able to turn more outcomes in their favour.

## The following are the highlights of the programme:

- Understand communication and persuasion and what impact they have on an organization's ability to function.
- Be able to use communication and influence to improve an organization's productivity, profitability, morale, etc.
- Increase self-awareness and develop the skills to deal confidently and professionally with colleagues and customers.
- Learn how to speak eloquently and convincingly.
- Be able to prepare and deliver strong and persuasive speeches and presentations.

## Objectives

### By the end of this conference , delegates will be able to:

- Tap into their personal strengths in communicating and know when to invoke different methodologies
- Understand ways of influencing others without resorting to power-plays and applying direct pressure
- Persuade other people by the use of pro-active, win-win strategies
- Draw upon professional communication and presentation skills to create a winning impression in discussions and meetings
- Plan and prepare businesslike presentations with ease and be able to tap into key decision makers during and after the presentation

## Conference Methodology

The seminar is designed as a highly interactive series of sessions that build on the Delegates' current skills and experience. Communication and Presentation practice is handled using Real-Play; a system like role-play but using Real World examples and people. At all times, the facilitator will draw on real world Work-experience as well as Leadership Theory to bring points to life.

## Organisational Impact

## Organisations can expect delegates to;

- Return to work with new found confidence in internal communication
- Proactively represent the Company in presentations and key-note addresses in their key fields
- Plan and prepare more effective meetings, presentations, communications and briefs
- Make better and quicker decisions and be able to communicate the benefits more clearly
- Communicate more effectively and with better understanding of their verbal and nonverbal impact on others

## Personal Impact

### Delegates can expect to

- Increase their natural communication style and start to enjoy communicating
- Plan and prepare more professional presentations, meetings and communications
- Find it easier to influence and persuade others
- Recognise the impact of negotiation gambits used by themselves and others and how to turn them to their advantage
- Understand their preferred communication style and the impact of their vital non-verbal signals

## CONFERENCE OUTLINE

### Personal Inner Communication Essentials

- What is Communication?
- What does effective Communication mean?
- Understand the 3 major levels of Communication .
  - Intra- Personal (with Oneself).
  - Inter-Personal (with another Individual).
  - Inter-Active synergy (with a group of persons).
- Appreciate the different 'fields of experience.'
- Discover the power of Non-Verbal Communication.
- Study the 8 Non-Verbal empowerments.
- Understand why your personal Self-Image has a great deal to do with your presentation, language, style and content.
- Controlling your subconscious mind to communicate effectively.

### Understanding Communication and Persuasion

- Understanding the communication cycle.
- Analyse the Communication Pyramid.
- Know the power of words in the communication process.
- Discover the powerful I-A-D-A communication format.

- Understanding the brain, during the communication process.
- Understand the keys to successful public speaking.
- How to develop and present a vital speech.
- How to dress professionally and appropriately.
- Find out the right and wrong ways in body posture.
- How to use your voice effectively.
- Discover the power of illustrations and stories.
- Learn how to overcome Public speaking fears.
- How to listen actively and respond accordingly.
- Know the power of influence.

### **Communicating and Presenting Effectively**

- Learn how to organize your presentation.
- How to prepare and present a computer / Power Point presentation etc.
- What to do prior to a presentation.
- Understand the impact of Visual communication.
- Understand the psychology of the Smile in communication.
- How to present to a cross-cultural audience.
- Observe what features attract an audience.
- Learn how to analyse your audience.
- Using positive visual imaging.
- How to use the telephone effectively and professionally.

### **Communication Strategies for Professional Excellence**

- How to an effective decision maker, in the communication process.
- How to use strategic communication negotiation skills.
- Discover the 9 Keys to making an effective presentation.
- Learn how to develop a systematic filing system.
- Learn how to obtain good source material.

### **Applying Personal Influence and Persuasion**

- Analyse the 9 strategic principles for effective communication.
- Apply these Communication principles into a “Plan of Action” for your life and incorporation into your Company infra-.structure.
- How to be proactive and make things happen.
- Essential communication practices for ongoing success.